



SLCSE

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February 8

School Community Council

Acids and Bases

What better way to study acids and bases than to make chocolate chip pancakes? 10th grade Chemistry students used different acids to make their pancakes and then taste tested and measured fluffiness (by calculating the density of the finished pancake)



Poetry Out Loud



Congratulations Anna Mancera for winning the Poetry Out Loud contest on Wednesday. Anna recited "Calmly We Walk through the April's Day" by Belmore Schwartz and "Dover Beach" by Matthew Arnold. Amazing performances from all our participants including Bella Zamora who finished in second place and Jacob Bobb in third.

We would like to thank our guest judges Dr Christelle Estrada, Erik Olson, Paisley Rekdal and Tiffany Rousculp. Also thanks to the following people who helped make

Poetry Out Loud such a lovely event. Heather Bennett the prompter, Ms. Chandler and Mr. Davis the tabulators, Tyrell and Moani for hosting, Ms. Dahl and the always fabulous SLCSE choir, the tech team, Mr Hamilton for laser engraving the awards and last but definitely not least the English department (Ms. Armstrong, Ms. Brady and Ms. Nebeker) for cajoling, encouraging, coaching and cheering on every student (grades 8-12) to memorize and recite a poem.



Want to be a host?

Every year SLCSE is asked to host a couple of foreign exchange students. These students enrich our school tremendously and help teach us about the world outside of Utah. PAX is looking for a host family for one of our students this year. Mehmet, from Turkey, is a junior at SLCSE. He loves math, enjoys ping pong and sharing about his country. Please contact Jamie Paskins for more information or consider being a host family next year. Questions? Ask Dr. Hack, she's a host Mom again this year and loving it!

SLCSE Science Fair

SLCSE could still use some judges for science fair from 12:30-3:30 on Thursday, Feb 2nd. A science background is helpful but not nearly as important as enthusiasm for talking with students. The willing and able should RSVP to shea.wickelson@slcschools.org

ACT Test

It's Coming!!! **The ACT test for 11th graders is February 28th**

All SLCSE 11th graders will take the ACT test on the morning of Tuesday, February 28th for no cost. ACT prep will begin in 11th graders' core classes, but students can prepare on their own, too. Go to www.act.org/the-act/testprep to start practicing at home or on a mobile device.

MathCounts



Mental Health Workshops

Join us for the first of four Mental Health workshops MONDAY JANUARY 30th 6-7:30pm.

Childcare will be provided. Workshops will be taught in Spanish and English.

Our first workshop will be a presentation and discussion around what is mental health and how to navigate the system of accessing, receiving or inquiring about care. Some questions to ask yourself if you are wondering whether this workshop might be something you want you and your family to attend:

- How can I get help for my kids, family, or myself?
- Can feeling alone be a sign of a mental health disorder?
- Are you afraid to talk about your mental health disorder if you have one?
- Do you have a problem with alcohol or other substances?
- Do you know that one in four people have an issue with mental health?
- Do you have questions on how to access mental health services?

We hope to see you there!